

Living and Learning Protocol



Communication

We are respectful and caring communicators.

I listen to others thoughtfully and express my ideas clearly.

- *I am an active listener using my body, mind and heart. (Inuksuk)*
- *I share my learning experiences with others in a polite and friendly way.*
- *I recognize there are different points of view and I can disagree respectfully.*
- *I am flexible and can take on roles and responsibilities in a group. I do my share.*
- *I understand my ways of communicating impact others.*
- *I put in my best effort and act on feedback to improve.*

Critical Thinking

We are respectful and caring critical thinkers.

I show critical thinking when I ask questions, think carefully and explain the reasons for my choices.

- *I can explore and ask questions.*
- *I can gather information to add ideas to things I am learning about.*
- *I can talk about how things fit together to make conclusions.*
- *I think for myself and choose my next steps to make a plan.*
- *I can develop ideas based on my thinking and feedback from others.*
- *I can use logic and evidence to make judgements.*

Creative Thinking

We are respectful and caring creative thinkers.

I show creative thinking when I think of new ideas and build on inspiration from others.

- *I get new ideas when I explore, play and listen to others.*
- *I think for myself and have the courage to express my ideas.*
- *I can take control of my feelings and emotions.*
- *I persevere when thinking is difficult and learn from my mistakes.*
- *I have interests and passions that I pursue over time.*
- *I feel pride and joy when I use my imagination.*

Positive Personal & Cultural Identity

We are respectful and caring of our uniqueness.

I value myself for who I am.

- *I understand I will continue to grow and change as I learn.*
- *I can tell what I am good at doing and what I want to get better at doing.*
- *I understand how my values, interests and abilities affect my choices.*
- *I can describe what I am like and how I am different from others.*
- *I understand I am shaped by my experiences, relationships, cultures and connection to the land.*
- *I can describe the values and cultures of my family and my communities.*

Personal Awareness & Responsibility

We are respectful and caring of ourselves.

I am responsible for my health, emotions, safety, and learning.

- *I make choices that keep me safe.*
- *I will take care of my mind and body by making healthy choices.*
- *I use strategies to take control of my feelings and emotions.*
- *I take ownership for my learning and behaviour by focusing and trying my best.*
- *I can set realistic goals, use strategies to accomplish them and persevere with challenging tasks.*
- *I can show I am proud of what I do and celebrate growth.*

Social Responsibility

We are respectful and caring community members.

I am responsible for my actions toward others, our community and our natural environment.

- *I celebrate all diversity by being curious, inclusive and by defending others.*
- *I acknowledge the value of learning about the history, stories and experiences of others.*
- *I look for ways to be of service to make positive changes in my communities and natural environments.*
- *I understand my choices come with consequences.*
- *I accept responsibility if I violate Human Rights with my words or body.*
- *I use peaceful language to find solutions for conflicts and ask for help when needed.*



At Redfish School we rise to the challenge and are becoming the best people we can possibly be



School District 8
Kootenay Lake